

EMERGENCY PREPAREDNESS STARTS WITH YOU



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ARE YOU 2 WEEKS READY?

BUILD KITS

Have smaller kits for work, for every family member, and pets. Have a vehicle safety kit too.



PLAN TO BE ON YOUR OWN FOR AT LEAST 2 WEEKS

Water (1 gal. per person/day)
Food (Non-perishable)
First Aid Kit
Face Masks/Sanitizer
Medications
NOAA Alert Radio Extra
Batteries

Flashlight
Can Opener
Tools
Warm Clothes
Sturdy Shoes
Personal Hygiene Items
Toilet Paper

Pet Supplies
Fire Extinguisher
Glasses/Eye Care
Cash
Identification
Important Documents
Comfort/Entertainment

ACTIONS TO TAKE DURING A QUAKE



DROP



COVER



HOLD ON

If there is no table around, get lower than the other furniture.

THINK – BENEATH • BESIDE • BETWEEN

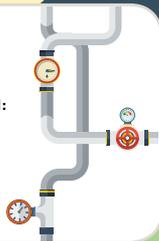
AFTER THE SHAKING

- Check for injuries & apply basic first aid.
- Check your building for structural damage.
- Leave building if unsafe.
- Help your neighbors.

Shut off the water at the main valve.

Shut off gas **ONLY** if you:

- Smell natural gas
- Hear hissing
- See the dial spinning rapidly



FOR MORE INFORMATION



Local television



Your local Emergency Management office



Emergency radio stations
NOAA weather radio channels



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